

SKILLS CANADA BRITISH COLUMBIA

2026 PROVINCIAL COMPETITION

Test Project

Aesthetics Post-Secondary



Skills Canada British Columbia (SCBC) Aesthetics Competition

Welcome to the SCBC Aesthetics Competition!

Congratulations on being part of this exciting and rewarding event. The SCBC competition highlights excellence in aesthetics, and the winner will advance to the Skills Canada National Competition (SCNC). This document outlines the structure, tasks, and judging criteria for this one-day competition. Models for all competitions will be provided by the host BC Skills Committee.

Purpose of the Challenge

This competition aims to showcase and elevate the skills, creativity, and professionalism of aestheticians. It provides a platform for participants to demonstrate their expertise in various beauty treatments and techniques, such as facials, manicures, body treatments and makeup, fostering a spirit of excellence and innovation within the industry. Through rigorous assessment by industry experts, these competitions not only celebrate outstanding talent but also set high standards, inspire continued education, and highlight emerging trends. Ultimately, they contribute to the advancement and recognition of the beauty therapy profession while demonstrating professionalism and complying with occupational health and safety.

List of Documents on the Skills/Compétences BC website

DOCUMENT	DATE OF DISTRIBUTION
Description Project	January 2026
Videos and Instructions	February 2026
Release, consultation and analysis forms	February 2026
Sponsor product supply lists	February 2026

Competition Overview

Date & Location

- Date: April 15th, 2026
- Location: Abbotsford Trade and Exhibition Centre
- Time: 8:00 AM – 4:00 PM
- Awards Ceremony: 5:00 – 6:30 PM

***Please be aware of parking and travel time. The competition will begin precisely at 9:00 am**

Orientation for competitors

Competitors are to bring a copy of the Contest Description and Project and any other documents pertaining to the Aesthetics competition.

During the competitor orientation, you will be given the opportunity to familiarize yourself with the equipment, products, and tools. Competitors will have the opportunity to ask questions at this time.

Competition Key Features

- Professional Presentation: Competitors are expected to demonstrate professional behavior and attire. Throughout the competition, the competitor must wear a black professional scrub uniform of their choice with black closed-toed shoes and black socks.
- Technical Skill: Precision and expertise in performing tasks.
- Organization: Effective time and resource management.
- Communication: Clear and courteous interaction with models and judges.
- Sanitation & Safety: Adherence to health and safety standards throughout the competition.

Competition Details

Manicure

Time Allotted: 90 minutes

Manicure Competition Scope

Sponsor: Light Elegance provided by L'Moor

Challenge Scope: Nail Tips Design - Galaxy & Mystery Themes

Competitors will begin by designing 10 nail tips on a nail tip holder.

In this creative and technical nail competition, participants will showcase their skills through a two-part challenge combining nail tip design and live model application, using only the tools and products provided by sponsor Light Elegance.

Competitors will begin by designing 10 nail tips: five with a Galaxy theme and five featuring a combination of two randomly selected themes from a set of five pre-released design inspirations (see Skills/Compétences BC website for mystery designs).

The selected themes will be chosen on the day of the competition, and competitors will creatively interpret and combine them across the remaining five tips.

After completing the nail tips, competitors will perform a dry manicure on a live model, demonstrating proper technique in clipping, filing, buffing, and cuticle work. They will then apply all 10 pre-designed tips—five Galaxy-themed and five combining the selected themes—ensuring a balanced, cohesive presentation.

- Judging Criteria: Nail shaping, creativity, polish finish, sanitation.

Facial

Time Allotted: 90 minutes

Facial Competition Scope

Sponsor: Moor Spa provided by L'Moor

Challenge Scope: Theme: "Out of This World" When Two Worlds Collide

Competitors will deliver a unique High Frequency facial that incorporates ancient ingredients from the Ice Age era.

To begin, they will assess the model's health history to ensure the treatment is suitable. Next, they will perform a thorough cleansing and skin analysis to accurately evaluate the skin's condition. After exfoliation, the Viennese Massage (Indirect High Frequency) will be applied, using a variety of massage techniques and demonstrating precise control of the current intensity according to the treatment area.

Following this, a Moor Spa professional peel off masque will be applied, during which the competitor will provide a relaxing scalp massage. Once the masque is removed, they will select an appropriate glass electrode for the direct high frequency modality to infuse a serum tailored to the model's specific skin concerns. Finally, the facial will conclude with the application of finishing products, leaving the skin glowing and rejuvenated.

- Judging Criteria: Facial techniques, tool use, sanitation, and client comfort.

Tasks and Checkpoints:

You will be given a specified time for each task. Judging is done throughout each task, so you will need to be aware of these CHECK POINTS indicated in your instructions. It is the competitors' responsibility to ensure that judges check the models prior to commencing any treatment.

All tests must be finished within the given time. Other than judging time, no extra time will be granted.

Notes

- Questions about tools or equipment must be directed to the committee chair prior to the competition date or during orientation.
- Each test must be performed using only the specified number of towels and gauze. Fewer may be used, but not more.
- All models will be provided by the host province.

Schedule

Time	Activity
8:00 AM	Orientation and setup
9:00 AM – 12:00 AM	Round 1: Manicure / Facial
12:00 PM – 12:45 PM	Lunch
1:00 – 4:00	Round 2 Facial/Manicure

Towel Guide

Segment	Large Towels	Medium Towels	4x4 Gauze
Manicure	0	4	2

Facial	2	4	6
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Personal Protective Equipment (PPE)

Segment	Mandatory	Optional
Manicure		Gloves, Protective facial mask
Facial	Gloves (during scalp massage)	Facial mask

Marks Awarded

Segment	Time Allotted	Maximum Marks
Advanced Facial	3 hours	55
Manicure	3 hours	45
Total	6 hours	100

Assessment and Tie Breaker

TASKS	/100	
Advanced Facial	55	<p>In the event of a tie, the following tiebreakers will be applied in order:</p> <p>Tiebreaker #1: The competitor with the highest score in the Advanced Facial criteria will be declared the winner.</p> <p>Tiebreaker #2: If a tie remains, the competitor with the highest score in the Manicure criteria will be declared the winner.</p> <p>Tiebreaker #3: If a tie still remains, the competitor with the highest score in Professionalism and Health & Safety (cumulative across both tests) will be declared the winner.</p> <p>Tiebreaker #4 (if required): If a tie still remains, the National Technical Committee will confer and determine the final ranking based on overall performance, rule compliance, and technical consistency observed throughout the competition.</p>
Manicure	45	

Advanced Facial

Time Allotted: 3 hours

Time	Task	Skill Checklist / Judging Criteria
15 min	Pre-service Set-Up	<ul style="list-style-type: none"> • Treatment area, trolley, and workstation prepared per sanitation standards • Products set up neatly and hygienically • High Frequency machine tested: electrode selected, tested on self, cleaned • Professional appearance maintained
5 min	Checkpoint 1	<ul style="list-style-type: none"> • Station sanitized • Equipment tested correctly • Professional appearance • Approved items only
20 min	Model Greeting, Installation, Intake Review, Eye & Lip Cleanse	<ul style="list-style-type: none"> • Model greeted professionally • Assisted to bed with comfort and modesty maintained • Intake form reviewed, contraindications confirmed • Treatment explained briefly • Eye & lip makeup removed completely
5 min	Checkpoint 2	<ul style="list-style-type: none"> • Intake reviewed • Consultation completed • Draping correct • Eye & lip cleanse thorough
15 min	First Cleanse, Skin Analysis & Product Selection	<ul style="list-style-type: none"> • First cleanse performed (face, neck, décolleté) • Skin analysis with magnifying lamp • Findings recorded on form

		<ul style="list-style-type: none"> • Products selected based on analysis
7 min	Checkpoint 3	<ul style="list-style-type: none"> • Cleanse complete • Analysis performed with lamp • Findings recorded • Products selected logically
15 min	Second Cleanse & Exfoliation	<ul style="list-style-type: none"> • Second cleanse performed • Exfoliant applied evenly (face, neck, décolleté) • Removed with 1 warm towel and/or up to 2 gauze • No residue left on model, linens, or bed
5 min	Checkpoint 4	<ul style="list-style-type: none"> • Cleanse and exfoliation thorough • Removal complete • No residue left
10 min	Indirect High Frequency Set-Up	<p>Sequence must be followed in order:</p> <ol style="list-style-type: none"> 1. Ensure model has no jewelry 2. Machine off and set to zero 3. Apply talcum/cornstarch powder to model's hand 4. Provide glass saturator electrode to model 5. Apply serum to face and neck 6. Apply massage oil over serum 7. Explain benefits of treatment
2 min	Checkpoint 5	<ul style="list-style-type: none"> • Correct set-up • Safety checks complete • Electrode placed correctly
18 min	Serum Application & Viennese Massage with Indirect HF	<p>Sequence must be followed in order:</p> <ol style="list-style-type: none"> 1. Serum and oil applied evenly 2. Massage performed on face, neck, décolleté 3. Effleurage and petrissage incorporated 4. Safety sequence: <ul style="list-style-type: none"> – Hand on model before switching on – Gradually adjust current up to working level

		<ul style="list-style-type: none"> – Maintain contact throughout massage – Adjust current relative to area – Gradually reduce current to zero before switching off and removing electrode
2 min	Checkpoint 6	<ul style="list-style-type: none"> • Serum applied evenly • Oil correct • Benefits explained • Massage rhythmic and consistent • Contact maintained • Current adjusted gradually • Safety observed
20 min	Mask Application, Scalp Massage & Removal	<ul style="list-style-type: none"> • Sponsor peel-off mask applied evenly, avoiding hairline • 5-min scalp massage with Tension Balm (continuous contact, smooth, rhythmic, varied techniques, correct pressure) • Mask removed per sponsor instructions • No residue left on skin or hair
4 min	Checkpoint 7	<ul style="list-style-type: none"> • Mask applied correctly • Mask removed correctly • Scalp massage technique correct • No residue left
15 min	Direct High Frequency, Finishing Products & Aftercare	<p>Sequence must be followed in order:</p> <ol style="list-style-type: none"> 1. Machine off and set to zero 2. Apply serum to face and neck 3. Select mushroom electrode 4. Apply gauze (to face or electrode) 5. Make contact before switching on 6. Gradually adjust current up to working level 7. Maintain full contact throughout treatment 8. Make contact before removing electrode

		9. Gradually adjust current down to zero 10. Switch machine off 11. Apply finishing products 12. Provide aftercare advice 13. Escort model to change area professionally
3 min	Checkpoint 8	<ul style="list-style-type: none"> • Serum applied evenly • Electrode/gauze used correctly • Machine handled safely • Contact maintained • Current adjusted gradually • Finishing products correct • Aftercare advice appropriate • Professional closure
15 min	Model Exit & Post-Service Cleanup	<ul style="list-style-type: none"> • Retrieve model's laundry items (robe, slippers, sarong) • Escort model from competition site • Sanitize treatment area and equipment • Return station to original condition • Remove garbage and soiled linens
4 min	Checkpoint 9	<ul style="list-style-type: none"> • Station sanitized • Garbage removed • Equipment cleaned • Professional closure

Manicure

Time Allotted: 90 minutes

Time	Task	Skill Checklist / Judging Criteria
10 min	Manicure Station Set-Up	<ul style="list-style-type: none"> • Station prepared with required tools and products • All items arranged neatly and hygienically • Workstation sanitized before beginning • Only approved items at station; non-approved items removed • Competitor presents professional appearance
5 min	Checkpoint 1	<ul style="list-style-type: none"> • Station organized • Sanitized correctly • Approved items only • Professional appearance
15 min	Nail Tip Preparation (Pre-sized & Applied on Holders Before Competition)	<ul style="list-style-type: none"> • Tips filed and shaped consistently • Buffed thoroughly, no shine remaining • Cleaned thoroughly • No dust, oil, or residue present before polish application
3 min	Checkpoint 2	<ul style="list-style-type: none"> • Nail tips smooth, clean, consistent, free of shine
55 min	Gel Polish Application & Nail Art (Follow Sequence)	<p>Sequence must be followed in order:</p> <ol style="list-style-type: none"> 1. Base coat applied to all 10 tips 2. Mystery Designs (5 tips): <ul style="list-style-type: none"> – Draw 2 theme cards at start of competition

		<ul style="list-style-type: none"> – Recreate five tips duplicating the themes selected, not the original artwork – Design elements must match theme; colour may be adapted creatively <p>3. Galaxy Designs (5 tips):</p> <ul style="list-style-type: none"> – Create competitor’s interpretation of Galaxy theme – Must show creativity, cohesion, technical detail <p>4. Gel polish rules:</p> <ul style="list-style-type: none"> – 5 colours provided: red, blue, yellow, black, white – Colours may be mixed to create new shades – Not all colours required – Application smooth, even, full coverage <p>5. Nail art performed on all 10 tips: neat, detailed, consistent with theme</p> <p>6. Topcoat applied to all 10 tips</p> <p>7. Cuticle oil or finishing oil not permitted</p>
5 min	Checkpoint 3	<ul style="list-style-type: none"> • Base coat applied • Mystery designs duplicated themes, not the original artwork • Galaxy designs creative, cohesive, detailed • Gel polish smooth and even, no streaks • Nail art clean, detailed, balanced • Topcoat even, no bubbles or residue • Hygiene maintained
10 min	Live Model Section: Station Set-Up & Model Installation	<ul style="list-style-type: none"> • Treatment area prepared per sanitation standards • Model greeted and assisted to chair with comfort and professionalism • Consultation performed using supplied form; findings recorded clearly and completely

2 min	Checkpoint 4	<ul style="list-style-type: none"> • Station set-up complete • Model installed correctly • Consultation form completed
25 min	Dry Manicure Preparation	<ul style="list-style-type: none"> • Full dry manicure performed, including: <ul style="list-style-type: none"> – Cleaning of natural nails – Clipping/filing and shaping nails consistently – Pushing back and tidying cuticles – Buffing nail surface to remove shine • Hands and nails remain clean and free of dust/debris
10 min	Checkpoint 5	<ul style="list-style-type: none"> • Nails shaped consistently • Cuticle work neat • Buffing complete, no shine • Hands and nails clean
15 min	Application of Nail Art Tips (Follow Sequence)	<ul style="list-style-type: none"> • Tips applied with glue to model's natural nails • Tips secure and aligned • No glue residue or lifting • Surface clean and smooth
5 min	Checkpoint 6	<ul style="list-style-type: none"> • Tips applied securely • Aligned correctly • No glue residue • Professional finish
15 min	Model Exit & Station Clean-Up	<ul style="list-style-type: none"> • Model assisted to exit station professionally • Station cleaned and sanitized • Disposables removed • Tools disinfected • Workstation returned to original condition

5 min	Checkpoint 7	<ul style="list-style-type: none"> • Model exit professional • Station sanitized • Tools disinfected • Workstation reset
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EQUIPMENT, MATERIALS, CLOTHING

Equipment and Materials Provided by SkillsBC/Compétences Canada

Dry stock supplies will be provided for each competition as part of the event's commitment to sustainability. Competitors are expected to work efficiently with the materials provided. **Please refer to the Contest Project for detailed information on the quantity and type of supplies available for your specific competition.**

General Equipment, Materials

- Chairs with backs
- First aid kit
- Fire Extinguisher
- Eyewash station
- Lay down beds
- Trolleys
- Small garbage cans
- Disinfecting Wipes
- Kleenex
- Hand soap
- Clipboards
- Pens/Pencils
- 4x4 facial gauze
- Non-latex gloves
- Q-Tips
- Cotton rounds
- Disposable paper towels
- Basket for model clothing

- Large scissors
- Sticky tack
- Consultation forms for all services
- Extension cords
- Power bar
- Swiffer

Equipment & Materials for Advanced Facial

- Facial products (Moor Spa provided by L'Moor)
- High Frequency machines (spiral and orange electrodes)
- Towels
- Magnifying lamps
- Facial wrap/sarong
- Bath robe
- Slippers
- White headbands
- Stainless steel bowls (one for water & one for wet towels)
- Fitted sheets
- Flat Sheets
- Blankets
- Cornstarch
- Talcum powder

Equipment & Materials for Manicure

- Manicure product & supplies (Light Elegance provided by L'Moor)
- LED Lamps
- Polish remover/acetone
- Nail dehydrator
- File 180/100
- Orangewood sticks
- Mini pink buffers
- Cuticle remover
- Base & top coat -gel polish
- Red gel polish
- Blue gel polish
- Yellow gel polish
- White gel polish

- Black gel polish
- Cat eye polishes
- Magnets
- Manicure tables
- Manicure table lamps
- Nail art kits (see posted documents for examples)
- Gems (assorted sizes)
- Gem Gel
- Foil (silver and gold)
- Glitter (silver and gold)
- Pigment (flakes) iridescent
- Wax tool (Gem tool)
- Fine detail art brush
- Nail Tips
- Nail 2-way stickers
- Nail Tip holder
- Nail glue
- 3D gems
- Star gem
- Sponges
- Tweezers
- Dotter
- Lint free nail wipes

Equipment and Materials Provided by the Competitor Competitors will be required to use the material and equipment provided by SCBC. If it is not on either list, supplies/products supplied by SCBC or supplies/products supplied by competitor, it will be removed from the skill area.

Equipment and Materials provided by the competitor

General Equipment & Materials

Tray to carry dispensed products from back bar to work area
Facial protective masks
Hand sanitizer
Spray bottle of 70% alcohol
Small reusable stainless steel dispensing cups or palette for all treatments
Dispensing spatulas
Digital timer (see website for examples of approved timer)

Equipment & Materials for Advanced Facial

- Small reusable stainless steel dispensing cups or palette for all treatments
- Dispensing spatulas
- Tray to carry dispensed products from back bar to work area

Equipment & Materials for Manicure

- Cuticle nippers
- Metal pusher
- Nail clippers
- Small stainless-steel cups and or mixing palette for nail art section
- Tweezers
- Acrylic paint assorted colors
- Gems (assorted sizes)
- Gem gel
- Foil (silver & gold)
- Glitter (silver & gold)
- Iridescent pigment flakes
- 3-D gems
- Star gems
- Sponges
- 2-way sticky tape

Toolbox Guidelines

- Maximum size: Carry-on suitcase.
- Items outside the toolbox will not be permitted.

Required Clothing Provided by Competitor

- Black scrub uniform. NO leggings.
- Black non-slip flat or low heel, professional closed toed shoes (can have laces)
- Black socks must be worn
- No jewelry.
- Hair must be tidy and tied back and off the collar and face
- Competitor must have short, polish free manicured nails.



Contact Information	NAME
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